

WEEK 1 MENU

W/C: 04/11 , 25/11 , 16/12 , 06/01 , 27/01 , 17/02 , 10/03 , 31/03

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	SPICE IS NICE	SPICE IS NICE
MON	Chicken Tikka Masala 🍷 🌿 Served with Wholegrain Rice and Spiced Cauliflower	Catalan Spiced Bean and Potato Stew 🌿 🍷 Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
TUE	Beef Burger Served with Baked Garlic and Herb Wedges and Corn on the Cob	Veggie Burger 🌿 Served with Baked Garlic and Herb Wedges and Corn on the Cob
	CLASSICS	CLASSICS
WED	Roast Honey Glazed Ham Served with Roast Potatoes, Vegetables and Gravy	Macaroni Cheese 🌿
	STREET	STREET
THUR	Chicken Katsu 🌿 Served with Wholegrain Rice	Korean Glazed Quorn Flatbread 🌿 Served with Satay Sweetcorn
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Quorn Sausage Roll 🌿 Served with Chips, Baked Beans and Peas

HOT DISHES:

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

SALADS:

- Tuna and Sweetcorn Pasta Salad 🍷
- Pesto Pasta Salad 🌿 🌿 🍷
- Chicken and Bacon Pasta Salad

SANDWICHES/BAGUETTES:

- Ham and Cheese Sandwich
- Chicken Salad Sandwich
- Cheese Baguette 🌿
- Tuna Mayo Baguette
- BLT Baguette

WRAPS:

- Pepper and Houmous Wrap 🌿 🌿 🍷
- BBQ Chicken Wrap 🌿 🍷
- Chicken Tikka Wrap











WEEK 2 MENU

W/C: 11/11, 02/12, 23/12, 13/01, 03/02, 24/02, 17/03

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Sausage and Mash Served with Vegetables and Gravy	Vegetarian Sausage and Mash  Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
TUE	Chilli Beef Cheese Nachos  Served with Salad	Rajasthani Red Lentil Curry    Served with Wholegrain Rice
	CLASSICS	HOT DELI
WED	Roast Beef Served with Roast Potatoes, Vegetables and Gravy	Roasted Rainbow Vegetables with Houmous   Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
THUR	Chicken Yakisoba Served with Vegetables	Soya Yakisoba   Served with Vegetables
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Wrap Served with Chips, Baked Beans and Peas	Cheese and Onion Bake  Served with Chips, Baked Beans and Peas

HOT DISHES:

- Paninis
- Pasta and Sauces
- Freshly Baked Pizza
- Soup and Bread
- Jacket Potato and Toppings

SALADS:

- Tuna and Sweetcorn Pasta Salad 
- Pesto Pasta Salad   
- Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

- Ham and Cheese Sandwich
- Cheese Ploughmans 
- Chicken Salad Sandwich 
- Tuna Mayo Baguette
- BLT Baguette

WRAPS:

- Pepper and Houmous Wrap   
- BBQ Chicken Wrap  
- Chicken Tikka Wrap

WEEK 3 MENU

W/C: 18/11 , 09/12 , 30/12 , 20/01 , 10/02 , 03/03 , 24/03

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	STREET	STREET
MON	Buffalo Chicken Served with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	Butterbean, Blackbean and Coconut Stew 🌱 🍷 🌿 Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	PAN ASIAN
TUE	Sweet and Sour Beef Meatballs 🌿 Served with Wholegrain Rice and Satay Sweetcorn	Teriyaki Vegetarian Wrap 🌱 🌿 🍷 Served with Satay Sweetcorn
	HOT DELI	HOT DELI
WED	Roast Pork and Stuffing Baguette Served with Baked Garlic and Herb Wedges	Sticky BBQ Quorn Pitta 🌱 Served with Baked Garlic and Herb Wedges
	CLASSIC	SPICE IS NICE
THUR	Chicken and Broccoli Pie Served with Mashed Potato, Vegetables and Gravy.	Vegetable Tikka Masala Served with Wholegrain Rice
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegetable Tikka Sausage Roll 🌱 Served with Chips, Baked Beans and Peas

HOT DISHES:
Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:
Tuna and Sweetcorn Pasta Salad 🍷
Pesto Pasta Salad 🌿 🌱 🍷
Greek Salad 🌱 🍷

SANDWICHES/BAGUETTES:
Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 🌱
Tuna Mayo Baguette
BLT Baguette

WRAPS:
Pepper and Houmous Wrap 🌱 🌿 🍷
BBQ Chicken Wrap 🌿 🍷
Chicken Tikka Wrap